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Basketball Skill Drills 2005

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Where Are They Now?

Teodora Ildefonso, Middle/High School Program Director

Waking up early on a Saturday morning to attend Skill Drills or SALT is always an exciting way to begin your weekend. Many volunteers are amazed with the tremendous amount of energy, laughter and friendship our ROCK participants have at program. This is one of the many reasons why people volunteer at ROCK. As they look forward every week to hang out with that special ROCKer or SALTER whom they created a special bond with, they soon grow up and move on to High School and people wonder "Where are they now"?



Desirae Payton began her journey at ROCK when she was in 6th grade at Visitacion Valley Middle School. She is now a freshman at Sacred Heart Preparatory High School in San Francisco. She has been focusing on two things, her academics and sports. She has successfully completed her Volleyball and Basketball Seasons and is preparing for Track. One of her greatest memories at ROCK was going to Snow Camp when she was in 7th Grade.

Lauren Lee is currently a junior at Lincoln High School in San Francisco. She has achieved one of her biggest goals. She is a member of JROTC Boys Drill Team. She is Sergeant First Class and is preparing for the 91st Division Competition in Presidio with other local San Francisco High Schools. Lauren is also involved in Theater and hopes to pursue theater in college. Her fondest memory is the high school white water rafting trip last summer.



Although they are young adults, their hearts and memories are always with ROCK. In their spare time they always find their way back to programs to volunteer, say hello, greet us with warm hugs, reminisce about the past and look forward to creating more memories.

Alex Dalton has been involved with ROCK for 8 years. He is currently a sophomore at Lincoln High School in San

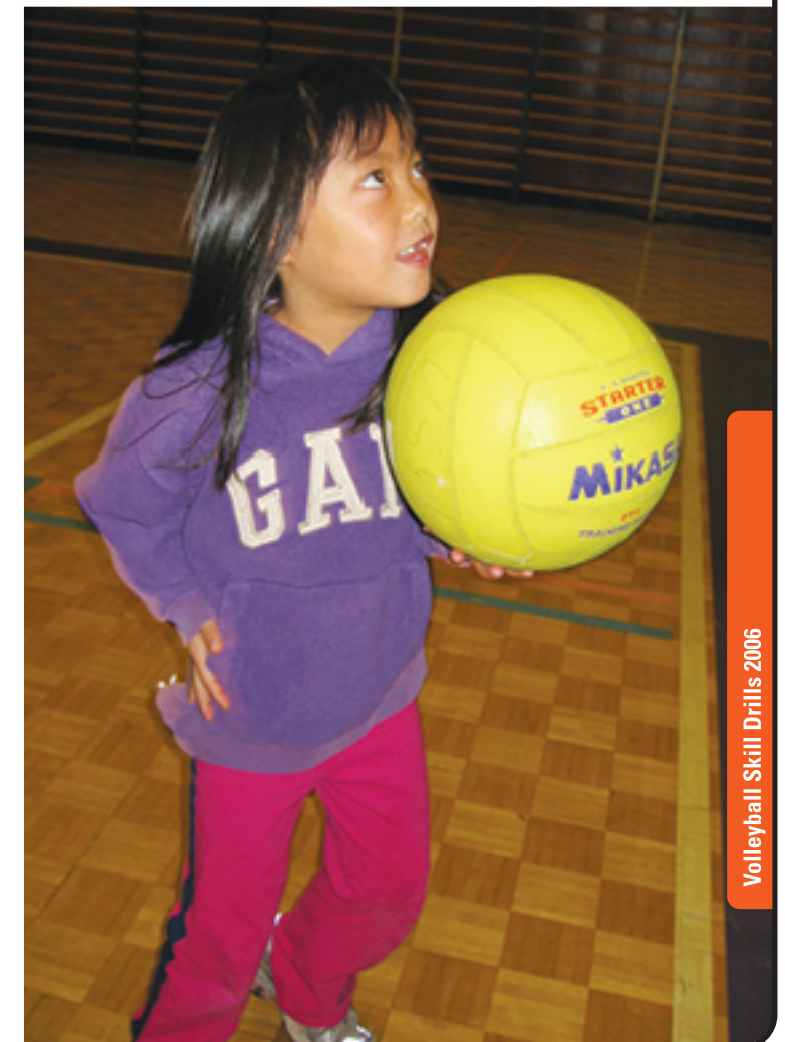


Francisco. He is a part of a B-Boy break dancing crew called, "Boot Camp Squad". Be on the look out because he and his crew are practicing for a City Wide Competition this spring! He has also been accepted in a prestigious scholarship program, Summer Search. He will have the opportunity to spend this summer in a wilderness program where he will be pushed to his limits.

John Nguyen a sophomore at Life Learning Academy on Treasure Island has been involved with ROCK for 6 years! He is currently working part-time with Villan Design Studios,



hanging out with friends and taking online classes to get his Driver's License! Be on the look out to see John on the road. One of his favorite memories with ROCK is the high school white water rafting trip last summer.



Volleyball Skill Drills 2006