



[www.rocksf.org](http://www.rocksf.org)



Real Options for City Kids, or ROCK for short, is a grass-root, nonprofit youth development organization located in the heart of San Francisco's Visitacion Valley neighborhood. ROCK offers sports and fitness, community service, learning enrichment, leadership training, outdoor adventure and overnight camp programs for girls and boys ages 6 – 17 that live or attend school in Visitacion Valley. With a limited number of staff and hundreds of volunteers, ROCK serves over 350 kids all year during the school day, after school, on weekends and over the summer. The mission of ROCK is to nurture the healthy development of children by listening attentively to their needs and by providing opportunities to those who might not otherwise have access.

- teach a child to play soccer
- donate to send a kid to camp
- help a child with homework
- lend your professional expertise
- hike with a young person

Make a positive impact  
in the life of a young  
person today



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